



North Central College
Dr. Keeler Track and Field Invitational
Friday, May 10th, 2019

Schedule (as of 5/8/19)

Friday

Field Events

2:00pm Men's Javelin (2)
 Women's Javelin (1) – immediately following M-Javelin

3:00pm Long Jump (men and women simultaneously) (2/3)
 Triple Jump (2/2) – immediately follows long jump

4:30pm Men's Shot Put (2)
 Women's Shot Put (2) – immediately follows M-Shot Put

3:00pm **Running Events** - *(Men compete 1st, Women to follow; fast to faster sections)*
 400 Relay (2/2)
 1500 Meters (8/5)
 110/100 Hurdles (4/4)
 400 Meters (8/4)
 100 Meters (9/8)
 800 Meters (10/8)
 400m Hurdles (4/3)
 200m (11/9)
 3000m Steeplechase (3/3)

*****Rolling schedule** – They will roll event after event;
check-in at the start line of your race